Mountain Weather Forecast

Southwest Highlands

Including Ben Nevis, Glen Coe and the rest of Lochaber, Argyll including the Isles, Loch Lomond, Trossachs and Arran

Forecast valid from 00:00 on Monday 07 Feb 2022 until 23:59 on Tuesday 08 Feb 2022

Forecast Issued on Sunday 06 Feb 2022 at 16:07 by Met Office Aberdeen

Confidence: High for milder conditions with light rain on Monday and for transition to cold showery weather from Tuesday, low for poorer conditions on Thursday.

Headline for Monday 07 Feb 2022: Much milder but with some rain an extensive low cloud. Severe gales over the summits.

Mountain weather hazards on Monday 07 Feb 2022

Blizzards
Low Likelihood

Gales
High Likelihood

Thunderstorms
No Likelihood

Heavy persistent snow
Low Likelihood

Severe chill effect
High Likelihood

Heavy persistent rain
Low Likelihood

Storm force winds
Medium Likelihood

Poor visibility
High Likelihood

Strong sunlight
No Likelihood

Weather and chance of precipitation at 800m							
Time							
00:00	03:00	06:00	09:00	12:00	15:00	18:00	21:00
Partly cloudy (night)	Cloudy	Cloudy	Sleet	Light rain	Heavy Rain	Heavy Rain	Sleet
Precipitation probability							
10%	00%	10%	50%	70%	50%	80%	50%

Forecast for Monday 07 Feb 2022

Weather: A dry start to the day, but outbreaks of rain, preceded briefly by snow, will spread east across all ranges during the morning. The rain will ease off for a time in the afternoon before further rain spreads from the northwest, this becoming heavy at times. The rain will clear to showers across Lochaber during the evening, these heavy at times and turning to snow over the highest summits.

Chance of cloud-free hill tops above 800m: 80% soon becoming 20%, becoming 40% across Lochaber during the evening.

Low Cloud and visibility: Clouds well broken and above the summits at first, but extensive cloud forming above 300 meters in the rain, with patches down to 200 meters around western coastal ranges. The cloud will turn more patchy across Lochaber during the evening.

Check our weather forecast every day to get the most accurate and up to date information
http://www.metoffice.gov.uk/public/weather/mountain-forecast
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Forecast for Monday 07 Feb 2022

Height (m)	Wind Speed mean/gusts (mph)					Wind Direction (blowing from)			
	00:00	03:00	06:00	09:00	12:00	15:00	18:00	21:00	00:00
1300	27/32 W	22/26 SW	27/33 S	39/48 S	51/64 SW	52/68 SW	57/74 SW	42/56 W	41/54 SW
900	16/22 W	14/18 W	18/23 SW	26/34 S	33/46 SW	36/51 SW	38/54 SW	29/42 W	29/43 W
600	17/21 SW	14/18 SW	18/23 S	31/40 S	40/52 SW	42/56 SW	43/59 SW	31/43 SW	30/43 SW
300	8/11 SW	8/11 SW	10/13 S	14/22 S	20/32 SW	24/39 SW	24/40 SW	14/25 SW	14/25 SW
Glen	3/8 W	3/7 SW	6/11 S	9/21 S	15/31 SW	19/39 SW	20/41 SW	14/29 W	13/28 SW

Height (m)	Temperature / Feels Like (°C)								
	00:00	03:00	06:00	09:00	12:00	15:00	18:00	21:00	00:00
1300	-7/-16	-6/-15	-6/-15	-4/-14	-0/-10	1/-9	2/-7	-1/-10	-2/-12
900	-5/-12	-4/-11	-4/-11	-2/-10	1/-7	3/-5	4/-4	2/-6	0/-7
600	-2/-8	-1/-7	-1/-7	1/-6	4/-4	5/-2	6/-0	4/-3	3/-4
300	0/-4	1/-3	1/-3	2/-2	5/0	7/2	8/3	6/2	5/1
Glen	1/-1	1/-0	3/0	4/1	6/2	9/5	10/6	8/5	7/4
Freezing Level*	300m	300m	300m	800m	1700m	1900m	1900m	1100m	900m

**Level above which ground is expected to be frozen/snow is expected to settle.*

Met Office Aberdeen Meteorologist's View
Milder than of late, but feeling bitterly cold in the severe gales over the summits, with poor visibility making navigation difficult. Snow melt will lead to west conditions under foot over the lower slopes, and slippery conditions over the higher slopes and summits.

Forecast for Tuesday 08 Feb 2022
Weather: A brighter day with a mixture of sunny spells and showers, these most frequent in the west with snow over the higher slopes and summits, leading to temporary blizzard like conditions.

Maximum wind: West to southwesterly 35 gust 50 mph.

Chance of cloud-free hill tops above 800m: 40%, locally 60% towards the Trossachs.

Low Cloud and visibility: Rapid deteriorations in the showers with very poor visibility and cloud down to 400-500 meters. Good visibility outside of the showers, although low cloud may be slow to clear from the summits.

Temperature: **Glens:** Plus 7
At 800m: Zero
Freezing level: 800-1000 meters

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